



570 Clark Drive, Vancouver BC, V5L 3H7 T 778-945-7777 E chris@localpest.com

Prepare the Bed and Items near the Bed/Sleeping area:

Step 1:

Remove any clothing, bedding or material items (sheets, blankets, pillows, pillow cases, bed skirts, clothes) that are 5'ft in or around the bed/couch area. Put these items through the dryer for at least 40 minutes on high heat. Heat must be hot throughout all the items. After dryer, put in clean bags or totes and remove from the sleeping/couch area.

If you do not have time to put all items through the dryer or you are going to a laundromat, you can put the items in garbage bags and do them later, (remember to tie the top to stop bed bugs escaping). Once you have dried the items, do not use the same bags you brought them in initially, as the bags may have eggs or larvae in it. Dispose of the bags and put dried clothes in clean bags or totes.

We get asked many times a day: which items/areas need to be prepared and which ones don't? It all comes down to proximity to the sleeping/couch area! Bed bugs are lazy by nature, they do not want to walk too far to their host. Golden rule is:

- **IF IT'S CLOSER THAN 5FT TO THE SLEEPING AREA-IT NEEDS TO BE PREPARED!**

Step 2:

Please take off all outlet covers in the sleeping/couch areas and adjoining rooms. We will dust these outlets with a low-toxicity powder.

Step 3:

If possible, purchase high quality mattress encasements (fabric only). These are available directly through Canadian Bed Bug and can be fitted onto the mattress by your technician. If encasements cannot be purchased, the mattress will instead be treated with a non-residual product that is safe for use on mattresses.

Step 4:

Purchase bed bug moats to trap bed bugs as they leave the bed and to monitor activity. We sell them for \$7 each. Please put them under each bed, couch and armchair leg when you come home after the treatment.

Step 5:

If you do not have a bed frame, we highly recommend obtaining one, the main reason is to get the bed off the ground. Anything will do, bricks, milk crates etc... Treatments are significantly more effective when the sleeping area/beds are raised off the ground so that the legs can be coated with a residual pesticide so that the sleeping areas are fully protected. Avoid using bed skirts and keep the beds away from the wall for at least two weeks following the final treatment.

Step 7:

Move all furniture and items at least 12" away from the walls, if possible!

Step 8:

Thoroughly vacuum under the bed and around the edges of the room, especially if you have put down your own powder insecticides!

Step 9:

Please leave the couch area also clear. Our technician will also want to treat the couch.

Step 10:

If you live in a cluttered area, we would much rather you keep bags or clothing in the washroom or dining room. If security is not a concern here, the patio is another option. The sleeping area, couch and arm chairs should be completely clear also.

NOTE: Please think of your beds, couches, and arm chairs as an island! If we can have at least 4'ft around them, we will have the highest success rate. You will need to sleep/live like this until 14 days after the second treatment.

Additional Things to Know:

Please note if preparation is not done, warranty will be voided.



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1. Although putting clothes or any belongings around the sleeping area into a dryer is the best way to kill bed bugs, some items cannot be put through the dryer. Your choices are to put things like books etc. into the freezer. Place them into a garbage bag and put them into a domestic freezer for 10 days-Yes, bed bugs are an epidemic for a reason they are difficult to kill. Woolens/suits/jackets can be taken to the dry cleaners and the process will kill them. A clothes steamer can also be used.
2. Before we begin each treatment, all occupants, including pets, must leave the unit and not re-enter for a minimum of 4 hours after the treatment is complete. Anyone who is more prone to allergies, has asthma, the elderly or children under 2 years of age should leave the building for an extra 4 hours for a total of 8 hrs or overnight.
3. You may leave aquariums, but make sure you turn off filtration and aeration systems and cover the tank with a damp cloth or blanket; please leave the cover over the tank for an extra 2 hours when you get back home.
4. When you come home, you must put on clean sheets, comforters, pillows etc. onto the bed. Please sleep as normal on the bed for the following nights until the second treatment. Please do the same after the second treatment. 10 days after the 2nd treatment, you should be bed bug free!
5. When you re-enter your home or suite you may put the items you have moved back to where they were. Please do not wipe or mop the floors. You may vacuum, but do not use a wet towel or mop. You may open doors and windows when you first come home to air out your home.
6. Do not put any clothing back in drawers or side tables until 10 days after the second treatment. Unfortunately, you will have to live out of the bags you have put your dried clothes in for the duration of both treatments.

We always encourage you to call us with any questions at any time before we start the treatment.

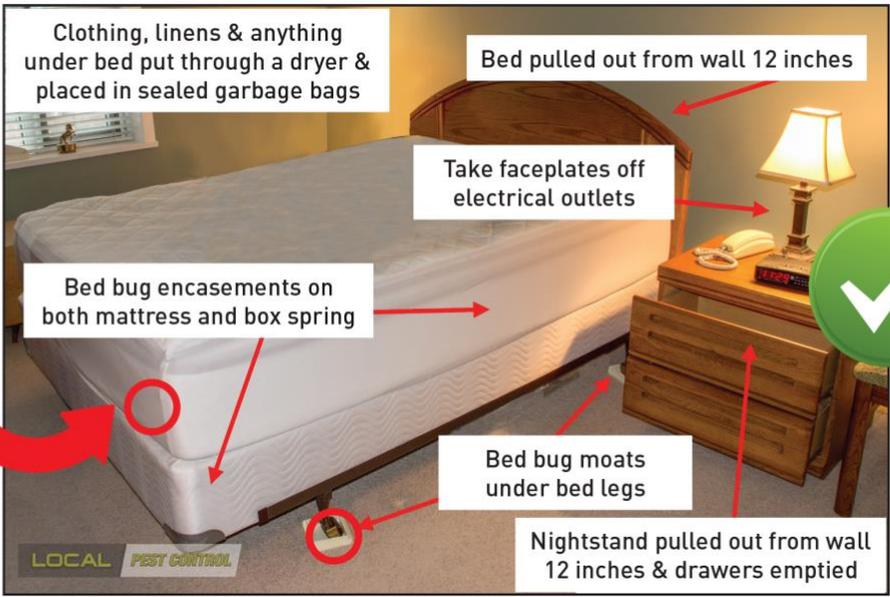
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Please ask your technician for details about our bed bug covers and moats!



Proper Bagging Technique:

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The bugs in the bedding or clothing near the bed must be quarantined and destroyed using the heat of your clothes dryer. To be sure bedbugs cannot escape from the bags, the bags should be tied as follows:

Step 1:

Place items in a large sturdy garbage bag, fill the bag about 3/4 full.

Step 2:

Twist the bag as far down as you can.

Step 3:

Tie a single knot and tighten it.

DO NOT USE:

Twist ties

'Easy-tie' garbage bags

Drawstring type garbage bag

Step 4:

Once the fabrics have been put through a dryer for at least 40 minutes, place them in a new bag. Be sure to discard of the old bags immediately in an exterior garbage bin.

Step 5:

Do not put clothing back in dresser drawers nearby the bed. It is best to keep the clean clothing in bags in a separate room until the final treatment is completed.

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