



CALL **604 782 6843**

Bed Bug Preparation Sheet

Pre-Inspection

If you are unsure if you have bedbugs or not, you can call Canadian Bed Bug to have a highly trained technician do an inspection of the suite. If you are certain you have bedbugs, call **Canadian Bed Bug** immediately to get an appointment for treatment. Do not wait or attempt to treat the bugs yourself, as the bugs could continue to multiply and make the infestation harder to eliminate. Once you have booked an appointment for treatment, prepare your suite as follows:

Prepare The Bed

Step 1:

Remove all bedding (sheets, blankets, pillows, pillow cases, bed skirts) and tie in a plastic bag. (See Proper Bagging Technique on page 2) Put through hot wash and/or dryer for at least 20 minutes before using the bedding again. After dryer, put in clean bags, not the ones you initially put them in as the bags may have eggs or larvae in it.

Step 2:

If possible, purchase **high quality** mattress encasements (fabric only). These are available directly through Canadian Bed Bug, and can be fitted onto the mattress by your technician. Plastic covers nearly always rip, and actually make things worse, because a torn cover creates more harborage area for the bugs, and also significantly hinders treatment. If the mattress already has a plastic cover on it, it should be removed and discarded before we arrive for treatment. If fabric en-casements cannot be purchased, the mattress will instead be treated with a product that is safe for use on mattresses.

Step 3:

If you do not have a bed frame, we **highly recommend** obtaining one. The main need is to get the bed off the ground. Anything will do, bricks, milk crates etc.. Treatment is significantly more effective when the sleeping surface is raised off the ground so the legs can be coated with a residual pesticide so the sleeping area is fully protected. Avoid using bed skirts and keep the bed slightly away from the wall for at least 2 weeks following the final treatment.

Step 4:

Clear away all items and clutter underneath the bed, and around the bed area.

Prepare Items Near Bed

Step 5:

Empty out nightstands and dresser drawers nearby the bed. Clothing should be bagged (see Proper Bagging Technique) and put through a dryer for at least 20 minutes; other items can be left in the room in boxes or other open containers. Please see below for items you cannot wash/dry.

Step 6:

Move all furniture and items about a foot away from the walls if possible!

Step 7:

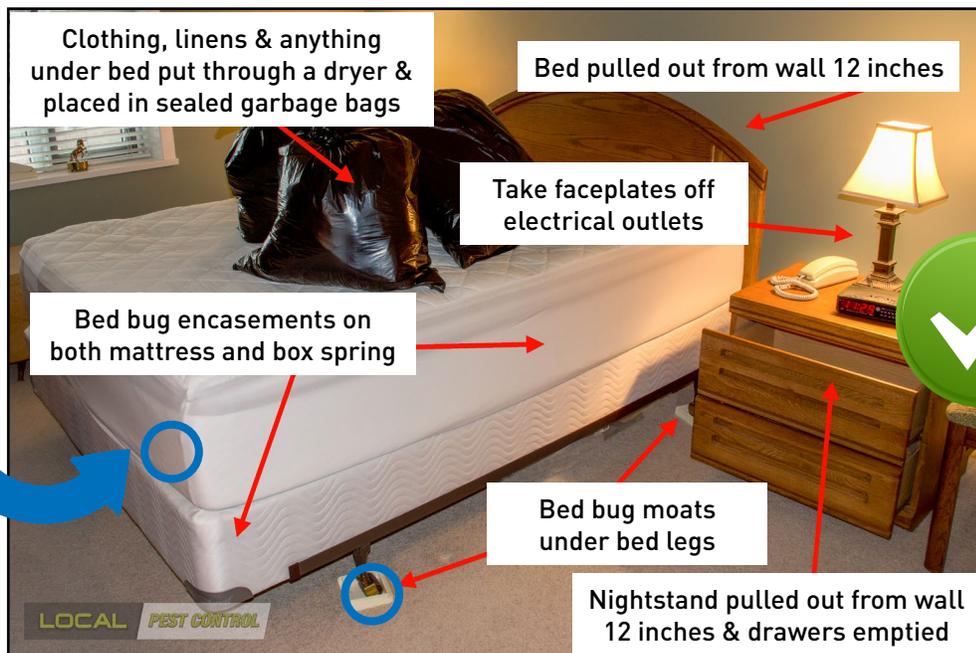
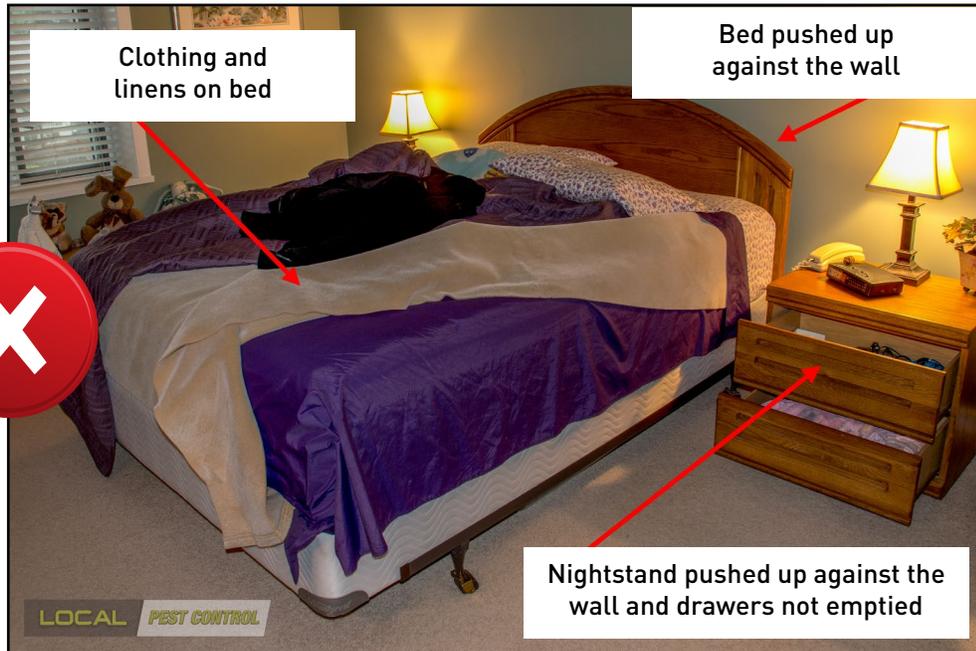
Thoroughly vacuum under the bed and around the edges of the room, especially if you have put down your own dust-based insecticides!

Step 8:

Please take off all outlet covers in the sleeping area and adjoining rooms. We will dust these outlets with an organic powder.



Bed Bug Preparation



Please ask your technician for details about our bed bug covers and moats!



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Proper Bagging Technique

The bugs in the bedding or clothing nearby the bed must be quarantined and destroyed using the heat of your clothes dryer. To be sure bedbugs cannot escape from the bags, the bags should be tied as follows:

Step 1:

Place items in a large sturdy garbage bag, to fill the bag about $\frac{3}{4}$ full.

Step 2:

Twist the bag as far down as you can.

Step 3:

Tie a single knot and tighten it.

DO NOT USE:

Twist ties

'Easy-tie' garbage bags

Drawstring type garbage bag

Step 4:

Once the fabrics have been put through a dryer for at least 20 minutes, place them in a new bag.

Be sure to discard of the old bags immediately in an exterior garbage bin.

Step 5:

Do not put clothing back in dresser drawers nearby the bed. It is best to keep the clean clothing in bags in a separate room until the final treatment is completed.



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Additional Things to Know

- 1.** Although putting clothes or any belongings around the sleeping area into a dryer is the best way to kill bed bugs, some items cannot be heat treated. Your choices are to put things like books etc into the freezer. Place them into a garbage bag and put them into a domestic freezer for 10 days-Yes, bed bugs are an epidemic for a reason-they are difficult to kill! Woolens/suits/jackets can be taken to the dry cleaners and the process will kill them.
- 2.** Before we began treatment, all occupants, including pets, must leave the unit and not re-enter for a minimum of 4 hours. Anyone who is more prone to allergies, has asthma, the elderly or children under 2 years of age should leave the building for an extra 4 hours for a total of 8 hrs or overnight.
- 3.** You many leave aquariums, but make sure you turn off filtration and aeration systems and cover the tank with a damp cloth or blanket; please leave the cover over the tank for an extra 2 hours when you get back home.
- 4.** When you re-enter your home or suite you may put the items you have moved back to where they were. Please do not wipe or mop the floors. You may vacuum, but do not use a wet towel or mop. You may open doors and windows when you first come home to air out your home.
- 5.** Do not put any clothing back in drawers or side tables until 10 days after the second treatment. Unfortunately, you will have to live out of the bags you have put your heat treated clothes in for the duration of both treatments.
- 6.** Always, always...If you have any questions before we start, please don't hesitate to call us!!